

Russellville Independent Schools

Non-Food Rewards

It may seem harmless for a job well done, but rewarding children with unhealthy food/snacks can develop habits that stay with children. So, let's reward children with non food items.

Elementary School Students

- Trips to a treasure box filled with nonfood items such as stickers, bubbles, jump ropes, puzzles, key chains, yo-yos, spider rings, charms, trading cards, pencil toppers, coupons for extra credit, etc.
- Teacher performance- share your talent with your class
- Play favorite game
- Extra recess
- Delivery person to the office
- Sit by friends
- Help teach class
- School supplies such as pencils, erasers, etc.
- Show and tell
- Coloring books and/or crayons

Middle and High School Students

- Sit by friends
- Listen to music while working at desk
- Homework pass
- Have class outside
- Computer time
- Chat break
- Extra reading time
- Free time at end of class
- Bookmarks
- Paperback book